

GHANA EDUCATION SERVICE
COMMEMORATION OF MENSTRUAL HYGIENE DAY 2021
 BEDIAKO HALL, GNAT HEADQUARTERS, ACCRA
 09:30 GMT
 PROGRAMME OUTLINE

Time	Activity	Responsible
09:00	Arrival and Registration of Invited Special Guests. Water Aid Videos	GES & Planning Committee Members
09:30	Opening Prayer	Clergy, Representative from the Ghana Christian Council
09:35	Introduction of Chairperson Dignitaries	Facilitator : Wendy Laeyea
09:40	Chairman's Response	Oheneyere Gifty Anti
09:45	Welcome Remarks and Purpose of Gathering	Prof. Kwasi Opoku-Amankwa, Director-General, GES
10:15	Solidarity Messages	Director-General, GHS Anne-Claire Dufay, Country Representative, UNICEF Ghana Yukyum Kim, Country Director, KOICA Ghana Office Chairman, CONIWAS
10:30	Poetry Recital	Student
10.40	Time with MHM Ambassadors	All Ambassadors
11:00	-Moderated Panel Discussion on Menstrual Hygiene Management	<ul style="list-style-type: none"> - Ministry of Education - Ministry of Gender, Children and Social Protection - Ministry of Sanitation and Water Resources - Development Partner - A Traditional Leader - Youth Advocate
11:05	Musical Interlude	Facilitator: Wendy Laryea
11.10	Donation of Menstrual Hygiene Kit to Kayayes, vulnerable Adolescent school Girls	Canadian High Commissioner
11:20	Keynote Address and Launch of MHM Guidelines	Hon. Minister of Education & UNICEF Country Representative
11:30	Pledge to support MHM	Hon. Ministers, Special Guests and All Participants
11:35	Chairperson's Closing Remarks	Oheneyere Gifty Anti
11:40	Vote of Thanks	Mrs. Bernice A. Addae, Director, Special Education Division, GES
11:45	Closing Prayer	Representative of the National Chief Imam
11:50	Refreshment	Planning Committee Members
12:10	Interviews with Key Personalities	Facilitator: Wendy Laryea
12:30	Discussion with girls	Facilitator: Wendy Laryea
	Side Event: Exhibition of Re-Usable Sanitary Pads	National Technical Committee & Producers of Re-usable sanitary pads

BE AMAZING!

About Menstrual Hygiene Day

Theme: ‘More Action and Investment in Menstrual Health and Hygiene Now’!

In Ghana, nine (9) out of 10 girls sometimes miss school during their menses. One (1) out of four (4) public schools does not have access to sanitation facilities where girls can change during their menses. One (1) out of every two (2) girls between the ages of 15 and 19 is anaemic and at an increased risk due to loss of blood. One (1) out of five (5) adolescent girls feel excluded from education, social activities and work while they are menstruating.

Lack of safe, clean spaces and affordable sanitary materials for changing often leave adolescent girls with no choice than to skip classes to change at home or skip school entirely during their periods^{2,5}. This results in a loss of classroom time and missed learning opportunity for girls, which leads to increased drop out and lower learning performance overall.

There is not enough information and education on Menstrual Hygiene Management either and the adolescent girls are thus further not prepared for menarche – their first menses, leaving her inadequately prepared for good menstrual hygiene practices during their periods.

Simple actions by decision-makers, schools and communities can significantly change this reality for women and girls, providing confidence and support as they go through adolescence, a critical point in their mental, physical and social development.

There is urgent need for investment by government and partners to address these issues to keep the girl child healthy and in school. There is need for action now!